

# Third Sunday after Trinity

## INTRODUCTION

In the name of the Father,  
and of ✠ the Son,  
and of the Holy Spirit.

*All respond: Amen.*

The Lord be with you.  
**And also with you.**

*The PRAYERS OF PENITENCE are introduced.*

**Almighty God, our heavenly Father,  
we have sinned against you,  
through our own fault,  
in thought, and word, and deed,  
and in what we have left undone.  
We are heartily sorry,  
and repent of all our sins.  
For your Son our Lord Jesus Christ's sake,  
forgive us all that is past;  
and grant that we may serve you  
in newness of life,  
to the glory of your name. Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon ✠ and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord. **Amen.**

*KYRIE ELEÏSON follows.*

Lord, have mercy. **℟. Lord, have mercy.**  
Christ, have mercy. **℟. Christ, have mercy.**  
Lord, have mercy. **℟. Lord, have mercy.**

*GLORIA IN EXCELSIS is recited.*

**Glory to God in the highest, and peace to  
his people on earth.**

**Lord God, heavenly King, almighty God  
and Father, we worship you, we give you  
thanks, we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God, you take away the**

**sin of the world: have mercy on us; you  
are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One, you  
alone are the Lord, you alone are the Most  
High, Jesus Christ, with the Holy Spirit, in  
the glory ✠ of God the Father. Amen.**

*All remain standing for the COLLECT.*

Almighty God, you have broken the tyranny  
of sin and have sent the Spirit of your Son into  
our hearts whereby we call you Father: give  
us grace to dedicate our freedom to your ser-  
vice, that we and all creation may be brought  
to the glorious liberty of the children of God;  
through Jesus Christ your Son our Lord, who  
is alive and reigns with you, in the unity of  
the Holy Spirit, one God, now and for ever.  
**Amen.**

## LITURGY OF THE WORD

Readings for Year B, Proper 7

FIRST READING

*Job 38.1–11*

A reading from the book of Job.

The Lord answered Job out of the whirlwind:  
‘Who is this that darkens counsel by words  
without knowledge? Gird up your loins like  
a man, I will question you, and you shall  
declare to me. Where were you when I laid  
the foundation of the earth? Tell me, if you  
have understanding. Who determined its  
measurements – surely you know! Or who  
stretched the line upon it? On what were its  
bases sunk, or who laid its cornerstone when  
the morning stars sang together and all the  
heavenly beings shouted for joy? Or who  
shut in the sea with doors when it burst out  
from the womb? – when I made the clouds  
its garment, and thick darkness its swaddling  
band, and prescribed bounds for it, and set  
bars and doors, and said, “Thus far shall you  
come, and no farther, and here shall your  
proud waves be stopped?”’

This is the Word of the Lord.

**Thanks be to God.**

RESPONSORIAL PSALM

*from Ps 107*

℟. O give thanks to the Lord, for his love endures for ever. (*All repeat*)

Give thanks to the Lord for he is good, and his love endures for ever. Let the redeemed of the Lord proclaim that he saved them from their affliction. ℟.

Some went down to the sea in ships to trade on the mighty waters. They beheld the deeds of the Lord the wonders he does in the deep. ℟.

For at his word the stormy wind arose, lifting up the waves of the sea. Carried up to heaven and back to the depths, their soul melted away in their distress. ℟.

Then they cried to the Lord in their need, and he delivered them from their distress. He stilled the storm to a whisper; all the waves of the sea were hushed. ℟.

They rejoiced because of the calm, and he led them to the haven they desired. Let them thank the Lord for his love, the wonders he does for his children. ℟.

SECOND READING

*2 Cor 6.1–13*

A reading from the second letter of Paul to the Corinthians.

As we work together with Christ, we urge you also not to accept the grace of God in vain. For he says, 'At an acceptable time I have listened to you, and on a day of salvation I have helped you.' See, now is the acceptable time; see, now is the day of salvation! We are putting no obstacle in anyone's way, so that no fault may be found with our ministry, but as servants of God we have commended ourselves in every way: through great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labours, sleepless nights, hunger; by purity, knowledge,

patience, kindness, holiness of spirit, genuine love, truthful speech, and the power of God; with the weapons of righteousness for the right hand and for the left; in honour and dishonour, in ill repute and good repute. We are treated as impostors, and yet are true; as unknown, and yet are well known; as dying, and see – we are alive; as punished, and yet not killed; as sorrowful, yet always rejoicing; as poor, yet making many rich; as having nothing, and yet possessing everything. We have spoken frankly to you Corinthians; our heart is wide open to you. There is no restriction in our affections, but only in yours. In return – I speak as to children – open wide your hearts also.

This is the Word of the Lord.

**Thanks be to God.**

GOSPEL ACCLAMATION

*Lk 7.16*

Alleluia, alleluia.

A great prophet has appeared among us: God has visited his people.

℟. **Alleluia.**

GOSPEL READING

*Mk 4.35–41*

The Lord be with you.

**And also with you.**

Hear the Gospel ✠ of our Lord Jesus Christ according to Mark.

**Glorify to you, O Lord.**

When evening had come, Jesus said to the disciples, "Let us go across to the other side." And leaving the crowd, they took him with them in the boat, just as he was. And other boats were with him.

And a great windstorm arose, and the waves were breaking into the boat, so that the boat was already filling. But he was in the stern, asleep on the cushion. And they woke him and said to him, "Teacher, do you not care that we are perishing?" And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. He said to them, "Why are you so

afraid? Have you still no faith?" And they were filled with great fear and said to one another, "Who then is this, that even the wind and the sea obey him?"

This is the Gospel of the Lord.  
**Praise to you, O Christ.**

A SERMON *may follow.*

*All stand to recite the* NICENE CREED.

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven,**

*(all bow)* **was incarnate from the Holy Spirit and the Virgin Mary, and was made man.**

*(all rise)* **For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life ✠ of the world to come. Amen.**

*The INTERCESSIONS are introduced, and all kneel. One of these responses may be used:*

✠. Lord, hear us. ✠. **Lord, graciously hear us.**  
or ✠. Lord, in your mercy, ✠. **Hear our prayer.**

*At the Commemoration of the Departed:*

✠. Rest eternal ✠ grant to them, O Lord;  
✠. **And let light perpetual shine upon them.**

*The Intercessions end:*

Merciful Father,  
**Accept these prayers, for the sake of your Son, our Saviour Jesus Christ. Amen.**

## LITURGY OF THE SACRAMENT

*All stand as the priest introduces the* PEACE.

The peace of the Lord be always with you.  
**And also with you.**

*All may sit for the* OFFERTORY.

*All stand for the* PRAYER *over the* OFFERINGS.

Pray, my brothers and sisters, that my sacrifice and yours may be acceptable to God, the almighty Father.

**May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good, and the good of all his Church.**

O God, in your mercy you give us the sacraments to help us: grant that we may offer this sacrifice in a manner worthy of your gifts; through Christ our Lord. **Amen.**

EUCCHARISTIC PRAYER

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give him thanks and praise.**

*The* PREFACE *follows.*

*All respond with the* SANCTUS & BENEDICTUS.

**Holy, holy, holy Lord,**

**God of power and might,  
heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he ✠ who comes  
in the name of the Lord.**

**Hosanna in the highest.**

All *kneel*. After the Consecration, all acclaim:

Great is the mystery of faith:

**Christ has died;**

**Christ is risen;**

**Christ will come again.**

The Eucharistic Prayer continues, and ends:

... for ever and ever. **Amen.**

## RITE OF COMMUNION

The priest introduces the LORD'S PRAYER.

**Our Father, who art in heaven,**

**hallowed be thy name;**

**thy kingdom come;**

**thy will be done, on earth as it is in heaven.**

**Give us this day our daily bread.**

**And forgive us our trespasses,**

**as we forgive those who trespass against us.**

**And lead us not into temptation;**

**but deliver us from evil.**

**For thine is the kingdom,**

**the power and the glory,**

**for ever and ever. Amen.**

The priest breaks the Host; AGNUS DEI is said.

**Lamb of God,**

**you take away the sin of the world:**

**have mercy on us.**

**Lamb of God,**

**you take away the sin of the world:**

**have mercy on us.**

**Lamb of God,**

**you take away the sin of the world:**

**grant us peace.**

The priest gives the COMMUNION INVITATION.

Behold the Lamb of God, who takes away the sin of the world. Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you, but only say the word, and I shall be healed.**

Holy Communion is distributed.

The priest says the POST-COMMUNION prayer.

O God, whose beauty is beyond our imagining and whose power we cannot comprehend: show us your glory as far as we can grasp it, and shield us from knowing more than we can bear until we may look upon you without fear; through Jesus Christ our Saviour. **Amen.**

## CONCLUSION

The priest gives the BLESSING and DISMISSAL.

The Lord be with you.

**And also with you.**

... The blessing of God almighty, the Father, the Son, ✠ and the Holy Spirit, be among you, and remain with you always. **Amen.**

Go in the peace of Christ.

**Thanks be to God.**

The service may be followed by the ANGELUS.

℣. The angel of the Lord declared unto Mary:

℞. **And she conceived by the Holy Spirit.**

Hail Mary, full of grace, the Lord is with thee;

blessed art thou among women,

and blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God,**

**pray for us sinners, now,**

**and at the hour of our death.**

℣. Behold the handmaid of the Lord:

℞. **Be it unto me according to thy word.**

Hail Mary ...

℣. And the Word was made flesh:

℞. **And dwelt among us.**

Hail Mary ...

℣. Pray for us, O holy Mother of God:

℞. **That we may be made worthy of the promises of Christ.**

Let us pray. Pour forth, we beseech you, O Lord, your grace into our hearts; that we to whom the Incarnation of Christ, your Son, was made known by the message of an angel, may by his Passion and Cross ✠ be brought to the glory of his Resurrection; through the same Christ our Lord. **Amen.**